

NAME: _____

Date: _____

Lesson 3: DRUG USE AND ABUSE

Illegal drugs are SUBSTANCES IT IS AGAINST THE LAW FOR PEOPLE OF ANY AGE TO MANUFACTURE, POSSESS, BUY, OR SELL.

What is drug abuse? THE USE OF A DRUG FOR NON-MEDICAL PURPOSES (ex. When people drink alcohol with the intention of getting drunk, they are abusing alcohol)

I. MARIJUANA

a. Immediate effects

- i. Inability to THINK OR SPEAK CLEARLY
- ii. Difficulty PAYING ATTENTION
- iii. Loss of SHORT TERM MEMORY
- iv. Lack of COORDINATION, SLOWED REACTION TIME
- v. Increased HEART RATE AND APPETITE
- vi. Unusual sensitivity to TO SIGHTS AND SOUNDS
- vii. SADNESS OR FEARFULNESS

b. Long term effects

- i. Problems with NORMAL BODY DEVELOPMENT IN YOUNG USERS
- ii. Damage to LUNG TISSUE AND THE IMMUNE CELLS THAT FIGHT CANCER
- iii. Feelings of ANXIETY AND PANIC
- iv. POSSIBLY PSYCHOLOGICAL DEPENDENCE
- v. POSSIBLE INABILITY TO HAVE CHILDREN

II. STIMULANTS

a. Stimulants are DRUGS THAT SPEED UP THE BODY'S FUNCTIONS.

i. They cause

1. INCREASED HEART RATE
2. INCREASED BREATHING RATE
3. INCREASED BLOOD PRESSURE
4. FALSE SENSE OF ENERGY AND POWER

ii. as the effect wears off

1. THE USER FEELS EXHAUSTED AND UNBALANCED

iii. Types

1. Amphetamines

- a. Another name for amphetamine SPEED.
- b. Amphetamines come in what forms? SWALLOWED, INHALED, SMOKED, INJECTED

2. Cocaine

- a. What are some street names for cocaine? BLOW, SNOW, COKE
- b. How is cocaine used/taken? INHALED, SMOKED, INJECTED
- c. How long does it take to become addicted? “MATTER OF DAYS”
- d. What makes cocaine and its effect on heart rate so dangerous? FIRST TIME USERS RUN THE RISK OF A FATAL HEART ATTACK
- e. What is crack? CONCENTRATED FORM OF COCAINE

III. DEPRESSANTS

- a. Depressants are DRUGS THAT SLOW DOWN THE BODY’S FUNCTIONS AND REACTIONS, INCLUDING HEART RATE AND BREATHING RATES.
- b. What are 4 examples of depressants
 - i. TRANQUILIZERS
 - ii. BARBITUATES
 - iii. HYPNOTICS
 - iv. ALCOHOL
- c. depressants can impair COORDINATION and JUDGEMENT and cause SLEEPINESS.

IV. OTHER DRUGS

a. Narcotics

i. Characteristics

- 1. Narcotics are drugs that RELIEVE PAIN AND DULL THE SENSES

- 2. Abuse of narcotics damages the LUNGS, LIVER, KIDNEYS, AND BRAIN

Narcotics (cont)

ii. Examples

1. HEROIN MORPHINE CODEINE

b. Hallucinogens

i. Characteristics

1. Hallucinogens are drugs that DRUGS THAT DISTORT MOODS, THOUGHTS, AND SENSES

ii. Examples (**just initials / street name**)

1. PCP / "ANGEL DUST" LSD / "ACID"

c. Inhalants

i. Characteristics

1. Inhalants are SUBSTANCES WHOSE FUMES ARE BREATHED IN TO PRODUCE MIND-ALTERING SENSATIONS.
2. Inhaled poisons go directly to the brain where they can cause PERMANENT DAMAGE OR EVEN DEATH

ii. Examples

1. GLUE GASOLINE SPRAY PAINTS